

Sandwiches & Wraps

The Lawns Club Sandwich Tandoori Chicken / Lettuce/ Tomato/ Avocado/ Curried Mayo	32.000
Schnitzel Sandwich Pork Schnitzel/ Crusty Baguette/ Citrus Smashed Avocado/ Red Onion Salsa/ Cilantro	32.000
“El Bulli” Pulled Kleftiko Lamb/ Dressed Rocket/ Tzatziki/ Mini Falafels/ Grilled Aubergine/ Pita Pocket	28.000
Picnic Wrap Grilled Aubergine/ Fire Roasted Peppers/ Fried Zucchini Ribbons. All wrapped up in a homemade uber flatbread	26.000
Chicken Tikka Wrap Chicken Tikka/ Medley of Vegetables/ Tikka Sauce in a Homemade wrap	28.000
Steak Sandwich Saucy Sliced Beef/ Peppercorn Sauce/ Fried Onions/ On Baguette	28.000
Stuffed Naan Light & Crispy Stuffed Naan. Served with Guacamole & a Side Green Salad Fillings: Cheese/ Cheese & Bacon/ Cheese & Onion/ Spinach & Feta	20.000

All sandwiches served with fries

Salads

Chopped House Salad Organic Haas Avocado/ Cabbage Slaw/ Julienned Tomatoes/ Red Onion/ Coriander/ Toasted Cashews/ Sesame Seeds/ House Dressing: Yoghurt & Mint Optional: Grilled Pork or Beef or Chicken – Add 6,000	24.000
Steak Salad 120gr Beef Medallions/ Creamy Danish Style Feta/ Cherry Tomatoes/ Cucumber Ribbons/ Boiled Egg/ Extra Virgin Olive Oil & Lemon Emulsion	31.000
Greek Village Salad Vine Ripened Tomatoes/ Crunchy Cucumber/ Green Pepper Strips/ Kalamata Olives/ Uber Slice Of Fried Feta/ Sweet Sliced Onions/ Perfect Boiled Egg	23.000
Smoked Crocodile Salad Mixed Chopped Lettuce/ Peppery Rocket/ Brunoised Tomato & Cucumber/ Shavings of Smoked Crocodile/ Honey Mustard Dressing	36.000
Our Signature Caesar Salad Gem Lettuce/ Caesar Dressing/ Croutons/ Grilled Chicken/ Parmesan Shavings/ Anchovy Optional	28.000

Grills & Curries

Mixed Game Chilli Inspired by Mexican chilli con Carne ... a mixed game meat spicy stew with beans/ Herbed Rice/ Avocado & Beans Salad.	40.000
“The Bok & the Wok” Wok Charred Springbok Medallions/ Tamarind Chutney/ “Bunched” French Beans/ Butternut Squash Puree.	55.000
“Serengeti Plains” Assortment of four game meats/ Crisp potato wedges/ Young Vegetable Selection/ Red Wine Jus & pepper corn sauce.	66.000
Springbok Shank Curry Cooked Low & Slow... served with Rice & Naan	48.000
Boneless Crocodile in Garlic White Wine Sauce Juicy Boneless Crocodile Cubes in a Creamy Garlic Wine Sauce. Served with Spicy Rice & Side Salad.	42.000
Smoked Kudu Steak 180gr Kudu Fillet fused with Rosemary and smoked in pit Barbecue; Served with chips, peppercorn sauces & Steamed Vegetables.	55.000
Ostrich Kofta Curry Grilled Ostrich Balls in Mild Kofta Curry/ Basmati Rice/ Naan/ Salad	42.000
Crispy Skin Salmon Teriyaki Sticky Teriyaki Sauce/ Baby Pak Choy/ Sesame Noodles/ Pea Puree	64.000
Fillet of Tilapia Perfectly Grilled Tilapia/ Citrusy Lemon Butter/ Fluffy Creamed Potato/ Young Vegetables of the day	42.000
Samaki Wa Nazi An East African style Fish Curry made with fragrant Coconut Milk/ Freshly Grated Coconut & coriander/ Served with Basmati Rice/ Naan & Salad	42.000
Prime Cut of Beef Fillet/ Forest Mushrooms/ Wilted Arrow Leaf Spinach/ Bean Purée/ “Twiggy” Kettle Sticks	40.000
The Lawns Super Steak Mustard, Black Peppercorns, Garlic Butter Filled Super Steak Seasonal Veg of the day/ garlic sauce/ fries	44.000
Lazy Aged T-Bone 600gr Prime Cut/ Young Vegetables/ Creamed Spinach/ Sexy Fries & peppercorn sauce	58.000
Pit Bbq Smoked Pepper Steak Whole Black Peppercorns & Rosemary Smoked/ Potato Wedges/ Creamed Spinach/ Seasonal Vegetables.	40.000

Apricot Glazed Pork Grilled Pork Chops/ Grilled Apricots/ Red Pepper & Apricot Coulis/ Maris Piper Potato Puree.	43.000
Stir Fry Pork Crispy Fried Pork/ Broccoli/ Ginger & Honey Sauce/ Egg Fried Rice	40.000
Stuffed Chicken Breast Chicken Breast/ Bacon/ Creamed Spinach/ Potato wedges Stuffing options: Feta & Spinach/ Tomato, Mozzarella & Basil	45.000
Grilled Chicken Breast Char Grilled/ Seasonal Vegetables/ fries. Flavor Options: Classic/ Sticky/ Bbq/ Harissa sauce	42.000
Risotto of Lamb & Artichoke Ragu of Lamb Shoulder/ Artichoke Hearts/ Feta Chunks/ Crispy Onions	40.000
Moroccan Harissa Lamb Jewelled cous cous/ Cumin Carrots/ Harissa Yoghurt Sauce	42.000
Chicken Tikka Masala Yoghurt, Garlic & Ginger marinated chicken cooked in the Tandoor. Served in a creamy Tomato & Onion based curry sauce. Served with Basmati Rice, Naan and Salad mild option available	42.000
Vijay's Lamb Chop Curry A rich aromatic Lamb curry.... Served with Basmati Rice, Naan & Salad	42.000
Daal Makhani (v) Black Daal cooked overnight in the Tandoor oven with Cream & Butter. Served with Basmati Rice, Naan & Salad.	36.000
Corn & Mushroom Masala (v) A hearty, Light vegetarian curry. Served with Basmati rice, Naan & Salad	36.000
Vegetable Kofta Curry (v) Mix Vegetable Balls in mild Kofta Curry/ Basmati Rice/ Naan/ Salad	36.000
Chicken Lolipop Served with sweet chilli sauce	34.000

The Lawns
WILD GAME & BARBECUE RESTAURANT

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Smoothies & Juices

Fresh Pressed Juice (Pineapple, Passion. Watermelon, Cocktail Juice)	12,000
Tropical Smoothie (Banana, Mango, Papaya, Milk and Honey)	14,000
Oreo Cookie Smoothie (Low fat milk, Vanilla Ice Cream, Oreo Cookies)	14,000
Mango Delish Smoothie (Mango Juice, Yoghurt, Drizzle of Honey)	14,000
Breakfast Smoothie (Coffee, Peanut Butter, Coconut Milk, Banana, Honey)	14,000

Healthy Juices

Power Gulp Ingredients: Kale, Green Grapes, Cucumber & Green Apple Calories: 110 This green goodie sneaks in a dose of iron (you need extra during your period and pregnancy), key for healthy blood cell and muscle function. It also delivers more than your daily rec of vitamin K—another must for blood and bone health. It's great for aiding in digestion and elimination with its great fiber content, and aids in weight loss.	16,000
Total Health Booster Ingredients: Apple, Pears, Cherries Calories: 192 A swig of this vitamin-packed (A, B, C, E) beverage fuels your whole body. It even fights aging: Lutein plus vitamins A and C up collagen production (for strong bones and younger looking skin).	16,000

Antioxidant Supreme Ingredients: Mango, Green Grapes, Strawberries Calories: 151 It's packed with antioxidants, helping our body by neutralizing and removing the free radicals from the bloodstream. It aids to slow down premature aging of the skin and boost Immune system.	16,000
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Post-Workout Refueler Ingredients: Oranges, Almonds, Sweet Potato, Green Apple Calories: 231 Almonds' protein helps build and repair muscle. Plus, the potassium (twice as much as you get in two bananas) balances your electrolytes and fluids. It's also packed with Vitamins (A, B, C, E), potassium, dietary fiber, niacin, calcium and phosphorus which refuels your body very quickly.	16,000
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Detox Ingredients: Ginger, Beetroot, Carrots, Green Apple, Lemon, Melon & Pineapple Calories: 155 With the rising pollution, our body is being attacked with toxins from air, water & food, which needs to be removed. The betalin content from root vegetables, especially Beet, helps your body's detoxification by breaking down toxins.	16,000
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The Healthy Option Menu

Whole-Egg Veggie Omelet with Spinach and Onions <i>440 Calories, 23g Fat (7g Saturated Fat), 430mg Sodium, 34g Carbs (4g Fiber, 15g Sugar), 26g Protein</i> Two egg Omelet, stuffed with Spinach and Onions, served with whole grain toast and fruits. This healthy meal is rich in vitamins A, D, E and K along with omega-3 fats, choline, antioxidants lutein and zeaxanthin and is perfect for losing weight.	24,000
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Pepper-Crusted Beef Fillet & Whole Grains <i>370 Calories, 10g Fat (4g Saturated Fat), 480mg Sodium, 43g Carbs (6g Fiber, 5g Sugar), 28g Protein</i> 6 oz Fillet Steak, Low-fat, Iron-rich cut of meat is perfect for a toned body and is served on a bed of whole grains, along with sautéed spinach, roasted mushroom, and cherry tomatoes—a lycopene-filled fruit that may help decrease the risk of coronary artery disease and cancer.	40,000
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Grilled Chicken with Chimichurri Sauce <i>450 Calories, 6g fat (0g Saturated Fat), 1,510mg Sodium, 57g Carbs (3g Fiber, n/a g Sugar), 43g Protein</i> Boneless & Skinless Chicken breast, low on calories is good supply of protein content, essential vitamins and minerals, and helps you in losing weight, cholesterol control and blood pressure control. Served with brown rice, Chimichurri sauce and caramelized onion	42,000
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Grilled Tilapia with Rocket, Bok choy, Capers and cherry tomatoes <i>224 Calories, 5g Fat (1g Saturated fat), 200mg Sodium, 11g Carbs (2g Fiber, 2g Sugar), 46g Protein</i> 6 oz Fillet of Tilapia, a delicious & lean fish that has a wide variety of associated health benefits, including its ability to help reduce weight, boost overall metabolism, lower triglyceride levels and strengthen your immune system, grilled with Olive oil, lemon-Capers sauce, served on bed of sauté Rocket Salad, Bok choy and cherry tomatoes	42,000
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Grilled Salmon with Herb Sauce, Steamed Spinach and Roasted Squash <i>530 Calories, 29g Fat (5g Saturated Fat), 804mg Sodium, 29g Carbs (3g Fiber, 13g Sugar), 42g Protein</i> Salmon - a fin fish full of omega-3s: a fatty acid has anti-inflammatory properties that protects your brain and heart. We've topped it with all the goodness of herbs, Spinach & Squash. It's a perfect meal to maintain weight.	64,000
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Shrimp Scampi Zucchini <i>490 Calories, 24g Fat (11g Saturated Fat), 1,030mg Sodium, 30g Carbs (4g Fiber, 5g Sugar), 27g Protein</i> Shrimp are a low-fat source of protein, calcium, potassium, phosphorus and vitamins A and E. We've replaced pasta with Zucchini ribbons to deliver you an awesome meal good for your heart and help you lose weight.	40,000
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Gnu Steak with Grilled Avocado <i>310 Calories, 20g Fat (5g Saturated Fat), 610mg Sodium, 23g Carbs (6g Fiber, 7g Sugar), 39g Protein</i> 6 oz Gnu Steak, lean red meat, low on calories and high on Omega-3, is excellent for toning your body. Its served with grilled Avocado & cherry tomato and leafy vegetable salad. Avocado is full of healthy monoun saturated fats which help your body absorb essential vitamins and minerals, extends your satiety to keep you from overeating, and help protect your heart.	55,000
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Crocodile with Broccoli and Spinach <i>390 Calories, 4g Fat (0g Saturated Fat), 850mg Sodium, 0g Carbs, 82g Protein</i> 6 oz Crocodile Steak, a low-fat, low cholesterol and high protein meat, is not only delicious, but good for your heart, lungs, blood circulation and it is known to cure asthma and coughing problems, grilled and topped with Garlic Sauce, served on bed of Asian style stir fried Broccoli and Spinach.	45,000
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Grilled Ostrich Sandwich <i>220 Calories, 4g Fat (1.5g Saturated fat), 280mg Sodium, 11g Carbs (2g Fiber, 2g Sugar), 45g Protein</i> Ostrich, extremely high in protein, low in fat, calories, and cholesterol but high in Iron, grilled to perfection, topped with tomato, lettuce and creamy Avocado salsa and served in multi grain bread along with garden salad.	36,000
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Grilled Vegetables and nutty brown rice <i>162 Calories, 10g Fat (0g Saturated Fat), 60mg Sodium, 57g Carbs (3.5g Fiber, 1g Sugar), 18g Protein</i> Broccoli, Onion, Pepper & tomato – chargrilled and served with stir fried brown rice with nuts. It's an antioxidant powerhouse and helps you lose weight.	34,000
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Burgers

Tandoori lamb Yoghurt marinated Lamb Patty, Crunchy Slaw, Fried Onions, Yoghurt & Mint sauce	36,000
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Texas bbq beef Pure Beef Burger Patty, Guacamole, Tomato, Gherkins, Streaky Bacon (optional)	36,000
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Flame Grilled Chicken Burger Flame Grilled Chicken Breast, Rocket, Aioli	36,000
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Falafel Burger Grilled Aubergine, Tzatziki, Rocket, Tahini sauce	30,000
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Ostrich Burger Karoo Ostrich Meat Patty, Grilled Onions, Tomato, Lettuce	39,000
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Cajun Spiced Fish Burger Cajun Spiced Fish Fillet, Tartare Sauce, Shredded Lettuce	36,000
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All burgers served with chips & coleslaw on the side. OPTIONAL extras add: Bacon, Fried Egg, Mushrooms, Cheese at 4,000/= each

Barbecue Menu

Can only be Ordered at the following Times and Days:
TUESDAY-FRIDAY (16:00-22:00), **SATURDAYS** (12:00-22:00)
SUNDAYS (12:00-21:30) **CLOSED ON MONDAY**

BURGERS

Filthy Buttered Breast 6oz Chicken Breast marinated in Butter milk for that extra succulence, coated in homemade southern fried rub, topped with slaw and perinaise sauce	34,000	Dirty Porker 6oz Pulled Pork Drizzled with Chilli sauce, Topped with Grilled Pineapple Slice & Cheese	34,000
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Mad Cow 6oz Beef Fillet slices Drizzled with Harissa sauce, Topped with fried onions and Ranch sauce	34,000	Ugly Ostrich Flame Grilled Pepper Crusted Ostrich fillet, Topped with Tzatziki sauce, Lettuce & Tomato	38,000
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ALL BURGERS SERVED WITH FRIES

Ribs

Half Pork Rack (10oz) Char-Grilled Pork Ribs and basted with BBQ sauce served with chips	36,000
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Sexy Wings

<i>Barbecued Chicken Wings served with chips & coleslaw salad</i>	Lamb Chops (10oz)	40,000
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4 wings (10oz)	28,000	Pork Chops	40,000
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8 wings (20oz)	54,000	Mixed Platter	72,000
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Char-grilled lamb & pork chop served with green salad, chips & BBQ Sauce

Chick Norris

Half Chicken (14oz) BBQ sauce & Chips	36,000	Rumble in the Jungle	66,000
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Full Chicken (28oz) BBQ Sauce & Chips	66,000	Served with salad & chips	
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Cowboy Steak 10oz Rib Eye Steak, Grilled to Medium and served with garden salad, chips & Peppercorn sauce	42,000	Choose any four meat: Kudu / Gnu / Wildebeest / Hartebeest / Springbok / Crocodile	
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Animal Farm Make your own mixed Grill Platter. Choose any three meats: Pork Ribs, Chicken Wings, Beef Steak, Chicken (Qtr) Served with chips, coleslaw salad & peppercorn sauce	52,000
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